

# Promoting Health and Hygiene

## Pull-Up Changing

#### Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling	Learning and
		Environments	Development
Inclusive practice	Parents as partners	Supporting every	
Health and well-being	Key person	child	



### **Procedures**

- We request children wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Key persons undertake changing children were possible.
- Each child should have a supply of 'pull ups', changing wipes and nappy sacks, kept in their bag.
- Gloves and aprons are put on before changing starts and the areas are prepared.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Children are encouraged to take an interest in using the toilet with support from their key person.
- They should be encouraged to wash their hands and have soap and paper towels to hand.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about nappy contents.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.

This policy was adopted at a meeting of	
Held on	(date)
Date to be reviewed	(date)
Signed on behalf of the management	
committee	
Name of signatory	
Role of signatory	